

# deals

Now 2x monthly!

March 26–April 8, 2025

Scan to download!



Simple Mills  
Gluten Free Crackers  
and Cookies  
selected varieties

**2/\$7**  
4.25–5.5 oz



Seventh Generation  
Dish Liquid  
selected varieties

**\$3.79**  
19 oz

## Get baking with these delicious deals

Birch Benders  
Organic Pancake & Waffle Mix  
selected varieties

**\$4.29**

14–16 oz



Lily's  
Baking Chips  
selected varieties

**\$6.29**

9 oz



Miss Jones Baking Co  
Organic Frosting  
selected varieties

**\$5.79**

11.29 oz



cocojune  
Organic Coconut Yogurt  
selected varieties

**\$6.29**

16 oz



MALK  
Organic Almond Milk  
selected varieties

**\$4.99**

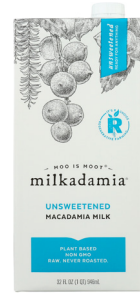
28 oz



Milkadamia  
Macadamia Milk  
selected varieties

**\$4.79**

32 oz



OLIPOP  
Prebiotic Soda  
selected varieties

**2/\$4**

12 oz



poppi  
Prebiotic Soda  
selected varieties

**\$1.79**

12 oz



Just Ice Tea  
Organic Iced Tea  
selected varieties

**\$1.69**

16 oz



Look for new deals on **April 9!**

# Pacific FOODS.

Stock your pantry with Pacific Foods to satisfy your craving for nourishment and fresh flavors any time. No GMOs, no fillers—just premium quality and taste to please every crowd.



**Pacific Foods Organic Soup**  
selected varieties

**\$249**

10.5 oz



**Pacific Foods Organic Broth**  
selected varieties

**\$349**

32 oz

**Safe Catch Elite Wild Tuna**



**\$249**

5 oz

**Nutiva Organic Virgin Coconut Oil**



**\$1199**

23 oz

**Napa Valley Naturals Organic Extra Virgin Olive Oil**



**\$1799**

25.4 oz

**Simply Organic Organic Southwest Taco Seasoning Mix**



**\$129**

1.13 oz

**Barnana Organic Plantain Chips**  
selected varieties



**2/\$7**

5 oz

**CELEBRATE  
EARTH  
MONTH**



**Hippeas  
Chickpea Puffs**  
selected varieties

**2/\$6**

3.75-4 oz



**Clif Bar  
Energy Bar**  
selected varieties

**2/\$3**

2.4 oz



**GoMacro  
Organic MacroBar**  
selected varieties

**2/\$5**

2-2.3 oz



**SmartSweets  
Candy**  
selected varieties

**2/\$5**

1.8 oz



**Big Tree Farms  
Organic Coconut Sugar**  
selected varieties

**\$3.99**

16 oz



**Spectrum  
Organic Shortening**

**\$8.99**

24 oz



**Jovial  
Organic Einkorn Flour**  
selected varieties

**\$6.29**

32 oz



**Manitoba Harvest  
Organic Hemp Hearts**

**\$9.99**

12 oz



**Lakewood  
Organic Pure Carrot Juice**

**\$5.49**

32 oz



## Coconut Hemp Protein Bites

10 MIN • MAKES 14 • GLUTEN-FREE, GRAIN-FREE, VEGAN

### INGREDIENTS

- ½ cup raisins
- ½ cup roasted sunflower seeds
- ¼ cup sliced almonds
- ¼ cup walnuts
- ¼ cup protein powder
- 2 tablespoons maple syrup
- 2 tablespoons hemp hearts
- 1 tablespoon chia seeds
- ½ cup almond butter
- ½ cup shredded coconut

### DIRECTIONS

- 1 In a food processor, place raisins, nuts, sunflower seeds, protein powder, maple syrup, hemp hearts, and chia seeds. Run machine until mixture is finely minced.
- 2 Place nut/seed mixture in a mixing bowl and work in almond butter until dough forms.
- 3 Scoop mixture into tablespoon amounts and roll into balls then coat in shredded coconut. Store in an airtight container in the refrigerator.



**R.W. Knudsen  
Organic Just Tart Cherry Juice**

**\$7.29**

32 oz



**SweetLeaf  
Liquid Stevia**  
selected varieties

**\$6.99**

2 oz



**Califia Farms  
Better Half Creamer**

**\$2.79**

16.9 oz



**Ripple  
Plant-Based Milk**

selected varieties

**\$4.49**

48 oz



**Organic Valley  
Organic Milk**

selected varieties

**\$4.99**

64 oz



**Nuts for Cheese  
Organic Dairy-Free Cheese**

selected varieties

**\$6.29**

4.2 oz



**Earth Balance  
Organic Vegan Buttery Spread**

selected varieties

**\$4.99**

13 oz



**Kerrygold  
Butter**

selected varieties

**\$4.79**

8 oz



**Bitchin' Sauce  
Almond Dip**

selected varieties

**\$3.79**

7-8 oz



**Alexia  
Organic Fries**

selected varieties

**\$4.99**

15-16 oz



**Woodstock  
Organic Vegetables**

selected varieties

**\$2.99**

10 oz



**MegaFood**  
SINCE 1973

At MegaFood, we use 50+ years of scientific expertise to create effective, planet-first vitamins and supplements. We are a Certified B Corporation and member of 1% for the Planet. Everything we do is driven by the belief in the power of plants to nurture your health and the planet's health.



**MegaFood  
Magnesium  
300 mg**

**\$12.99**

60 ct



**MegaFood  
Blood Builder**

**\$11.99**

30 ct



**MegaFood  
Whole Body  
Turmeric Curcumin**

**\$19.99**

60 ct

**Orgain  
Organic Nutrition  
Plant Protein Shake**

selected varieties



**\$3.29**

11 oz

**Bluebonnet  
Magnesium Citrate**



**\$11.99**

60 ct

**American Health  
Ester-C 1000 mg with  
Citrus Bioflavonoids**



**\$21.99**

90 cap

**Everyone  
Hand Soap**  
selected varieties



**\$3.79**

12.75 oz

**Solgar  
Gentle Iron**



**\$8.49**

90 vcap

**NOW  
D-Mannose 500 mg**



**\$17.99**

120 vcap

**Garden of Life  
Organic B-12 Spray**



**\$13.99**

2 oz

**Nordic Naturals  
Ultimate Omega**



**\$21.99**

60 ct

**Mrs. Meyer's Clean Day  
Liquid Hand Soap**  
selected varieties



**\$4.79**

12.5 oz

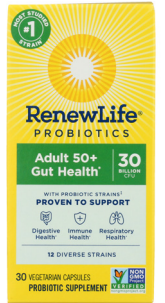
**Boiron  
AllergyCalm**



**\$10.99**

60 tab

**Renew Life  
Adult 50+ Probiotic**



**\$17.99**

30 ct

**Jarrow  
Saccharomyces  
Boulardii + MOS**



**\$25.99**

90 vcap

**ACURE  
Brightening  
Facial Scrub**



**\$7.99**

4 oz

**ECOS  
Laundry Detergent**  
selected varieties



**\$12.99**

100 oz

# Chocolate Chip Banana Bread

1 HR • MAKES 2 LOAVES • VEGETARIAN

## INGREDIENTS

1 stick unsalted butter, room temperature	1/3 cup cocoa powder, sifted
1 cup cane sugar	1 teaspoon baking soda
1/2 teaspoon vanilla extract	1/4 teaspoon sea salt
3 ripe bananas, mashed	1/2 cup sour cream
2 large eggs	3/4 cup semisweet chocolate chips
1 1/2 cups all-purpose flour	

## DIRECTIONS

- 1 Cream butter, sugar, and vanilla together until pale in color. In a separate bowl, whisk together bananas, and eggs. Add the banana mixture to the creamed butter and mix until just combined. Preheat oven to 350°F.
- 2 Whisk together flour, cocoa powder, baking soda, and sea salt. Fold into wet ingredients.
- 3 Add sour cream and fold the batter again until just combined then fold in chocolate chips.
- 4 Grease loaf pans with butter or baking spray, optionally, line them with parchment paper. Divide batter evenly between the two prepared pans.
- 5 Bake for 35–45 minutes or until a toothpick inserted in the center comes out clean. Allow banana bread to rest for 10 minutes before removing from pan.

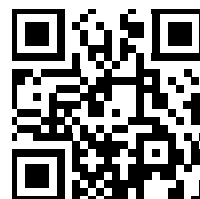


## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.



NE-A