



Scan to



**Bob's Red Mill Organic Flour** selected varieties

5 lb



70 sa ft

Make memorable meals with these deals

Wholesome Sweeteners **Quinn Snacks Immaculate Baking Company Filled Pretzel Nuggets Organic Flaky Biscuits Organic Brown Sugar** selected varieties selected varieties Wholeson Quinn IGHT BROWI \$399 \$**\_\_**29 **K9**9 ..... 24 oz 5.8-7 oz 16 oz **Cascadian Farm** Siete Hu **Organic Chocolate Bar Organic Cereal Tortilla Chips** selected varieties selected varieties selected varieties ≤ GRAIN FREE Tortilla chip Segsoll 2.1 oz 8.6-13.5 oz 5 oz **C2O** Health-Ade **Califia Farms Coconut Water Organic Kombucha** Almondmilk 35 selected varieties selected varieties selected varieties HEALTH CALIFIA PUI ATER KOMBU HEALTH ADE PULP KOMBUCHA

17.5 oz



( \$







48 oz



Look for new deals on April 30!



Annie's Promise for Better: a promise to choose nutritious and pantry-worthy ingredients, to add yumminess to every kid's meal, and to use organic ingredients that are forever kind to the planet.



Annie's **Organic Bunny Crackers** selected varieties

7.5 oz



Annie's **Organic Cheddar Cheesy Smiles** 





Annie's Mac & Cheese selected varieties



5.25-6 oz



**Rice-obsessed since** 1937. We exist to grow the highest quality rice using organic and regenerative farming practices because the health of our bodies and our planet depend on it.



Lundberg Family Farms Lundberg Family Farms **Organic Rice Pouches** selected varieties



2 lb

**Organic Rice Cakes** selected varieties



8.5 oz



7 oz

**Terra Chips Vegetable Chips** selected varieties







Angie's BoomChickaPop Popcorn DALF selected varieties ANGIE' BOD FRANCE CHIC DALFOI DALFOI BOOM PNP CHICI Strawherr Red Rasphe PUR Hand-crafted near i 🗑 🚛 4.4-7 oz Bordeaux, France, our family follows a traditional French **KIND** recipe, sweetening hand-Nut Bar selected fruit with vineyard-St. Dalfour selected varieties **French Fruit Spread** ripened grape juice. Smallselected varieties batch cooking ensures the most delicious, highest-KINDquality fruit spread. 1.4 oz 10 oz Alter Eco **Little Secrets** Annie's **Organic Chocolate Bar Organic Fruit Snacks Crispy Wafers** selected varieties selected varieties selected varieties 2.65-2.82 oz 1.4 oz 7 oz **Mavuno Harvest Strawberry Lemonade Cupcakes Organic Dried Fruit** 

1 HR 30 MIN · MAKES 18-20 · VEGETARIAN

#### INGREDIENTS

- 3 cups all-purpose flour or cake flour 1 cup buttermilk
- 4 teaspoons baking powder
- 1/2 teaspoon sea salt
- 12 tbps (1 <sup>1</sup>/<sub>2</sub> sticks) unsalted
- butter, softened 1 <sup>1</sup>/<sub>2</sub> cups cane sugar
- 3 egg whites
- Zest and juice of 2 medium lemons 1 lb unsalted butter, softened 2 cups confectioner's sugar, sifted 3/4 cup strawberry jam, divided 10 ripe strawberries, halved

#### DIRECTIONS

- 1 Preheat oven to 350°F. In a medium bowl, whisk together flour, baking powder, and salt.
- 2 In a large mixing bowl or the bowl of a stand mixer, cream butter and cane sugar together until pale in color. Whisk in egg whites until batter is smooth.
- **3** Fold in half the dry ingredients, then half the buttermilk and repeat. Fold in lemon zest and juice.
- 4 Line two cupcake pans with cupcake liners and fill <sup>2</sup>/<sub>3</sub> full of batter. Bake for 20 minutes (rotating pans halfway through baking) or until a toothpick inserted in the centers come out clean. Set aside to cool completely.
- 5 Cream butter and add sifted confectioner's sugar. Beat frosting until smooth then mix in <sup>1</sup>/<sub>2</sub> cup of strawberry jam. Place in a piping bag fitted with a star piping tip.
- 6 To decorate cupcakes, pipe frosting in a circular pattern over the top of the cupcake leaving a well in the center. Place a teaspoon of strawberry jam in the center of the frosting. Top cupcakes with a strawberry half.





#### Farmer's Market **Organic Pumpkin Puree**





#### Proud member of infra

# HAP Ρ APRIL 22



Let's Do Organic **Organic Shredded Coconut** 

selected varieties

8-8.8 oz







9–12.9 oz



1190160

UNSALTED

MiYOKO

BUTTER

**One Degree Organics Organic Sprouted Cereal** 

selected varieties



8-10 oz

Recess **Enhanced Water** selected varieties



Zevia Zero Sugar Soda

12 oz





For plant-curious foodies seeking delicious and kinder food choices, Miyoko's Creamery is an organic plant milk creamery that crafts the world's finest vegan cheese & butter, empowering them to choose good food that nurtures good in our world.



Miyoko's Kitchen **Organic Plant Milk Butter** 

8 oz

#### REBBL **Organic Functional Beverages**

selected varieties





12 oz

**Treeline Cheese French-Style Cashew Cheese** selected varieties





18 oz

So Delicious **Coconutmilk Yogurt Alternative** selected varieties



24 oz

**Little Sesame** Hummus selected varieties





8 oz

12-16 oz

Silk

**Organic Soymilk** 

\$**\_\_**49

64 oz

**Green Valley** 

**Organic Cream Cheese** 

selected varieties

**Cascadian Farm Organic Potatoes** selected varieties







**Organic Valley Organic Butter** selected varieties



16 oz



8 oz

**Organic Valley Organic Ghee** selected varieties



7.5–13 oz



**Organic Valley Organic Cream Cheese** selected varieties



8 oz

Bring some small family farm goodness to your spring baking with Organic Valley. All Organic Valley dairy products are made with organic milk from pasture-raised cows for undeniably delicious flavor.

#### **Gaia Herbs Turmeric Supreme Extra Strength**





60 vcap

**Natural Factors** Whole Earth & Sea Women's Multivitamin & Mineral

WOMEN'S



60 tab

Alba Botanica Sunscreen selected varieties





5 oz





## Healthy People Start with Healthy Soil



At the Gaia Herbs farm, we are nurturing the land through regenerative organic agriculture. We're partnering with Kiss the Ground to inspire the transition of 5,000 acres to regenerative practices.



<image/>		<image/> <image/> <image/> <image/> <section-header><section-header><section-header><section-header><text></text></section-header></section-header></section-header></section-header>		results of the second s	
<b>Himalaya</b> <b>Toothpaste</b> selected varieties	Contrain Que Whiteing Contraint Cont	Desert Essence Toothpaste selected varieties	DESERT ESSENCE:	DrTung's Smart Floss	Artings Artings Smart Flogs Smart Plogs Smart Plogs
<b>\$549</b> 4-5.29 oz	And Bard Bard Canagement have Canagement have Canagement have Canagement Cana	<b>\$5</b> 49 6.25 oz	UT TAKE BANERA TOOTIMAATE WINTERGEBEE RUSHER RUSHER CONTRACTOR CON	<b>\$399</b> <sup>30 yd</sup>	CONTRACTOR CONTRACTOR Contract Serf Contract Proven Sector Rector
VITAL PROTEINS COLLAGEN PEPTIDES Concernational and and Concernational and and Concernational and and Concernational and		tex meter in process PROTEINS' ARINE LAGEN Consumer remains and	And the second s		ROTEINS®
REPORT OFFICE AND A DESCRIPTION OF THE REPORT OF THE REPOR		Vallevered Vetary Supplement RET WT 7.8 Of CAT 9	Dersupplement NET WT 20 OZ (1.25%)		astic, 100% Yes. paperboard tub.*

**Vital Proteins Collagen Peptides** selected varieties



10 oz

**Vital Proteins** 

Marine Collagen



**Vital Proteins** 

**Collagen Peptides** 

selected varieties

20 oz

\*Technically, it's made of 80% paperboard with over 90% plastic reduction across all canister offerings based on 2023 numbers versus the amount of plastic in the same number of canisters in 2025.

### Natural Dyed Eggs

1–2 HR

#### INGREDIENTS

1 quart water 2 tablespoons white vinegar Hard boiled eggs For pink eggs: 2 medium beets, shredded or 2 tablespoons beet powder For blue eggs: 16 small red cabbag

For blue eggs: ½ small red cabbage For orange eggs: 4 yellow onion skins For yellow eggs: 2 tablespoons ground turmeric

#### DIRECTIONS

- Place water and one natural coloring agent into a 2-quart pot and bring to a boil. Reduce heat and simmer for 15–30 minutes. Cool mixture and strain each mixture into a separate bowl using a fine sieve. Stir in vinegar.
- **2** Place hard boiled eggs into respective dyes for 20 minutes, longer for deeper color.



#### **Proud member of INFRA.**

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit **www.naturalfoodretailers.com** or scan this code.

